

Hi #firstname#,

Welcome to High Ideals Member News.

from the desk of Sharon Chisholm Promotions Manager

How lucky I consider myself to be involved with such an organisation as High Ideals. For me, the link to Noel and Karina started in September 2008 when I was advised to look at Noel's coaching website by a friend of mine, who also happens to be a good friend of Noel's. I looked at the site, subscribed to his newsletter and it all started from there. The first newsletter came and at the bottom it invited the reader to contact Noel with any coaching questions, so I did. After a wonderful couple of conversations with Noel, he invited me to assist at the ECI Coaching Conference in October 2008. This was an incredible event, full of inspiring people who truly want to make a difference - it was here that I met Karina and heard her speak of High Ideals. Back in March this year, something led me to check out the High Ideals website and on reading it, I knew I had to be involved. I contacted Karina asking how I could help and here we are three months on, with me being a part of this incredible team.

Something I'm passionate about is connecting people who can nurture and support each other, creating win/win scenarios for people and working with a committed and inspiring team of people - High Ideals fills all these desires for me. As Promotions Manager I am able to spread the word about High Ideals and all the benefits of being a member of such an organisation by using platforms such as Facebook, Twitter and LinkedIn. I believe that High Ideals will pioneer the way people in business connect with each other, through offering a variety of innovative opportunities for collaborative partnerships and connectworking events.

Anyone can join the High Ideals Facebook page; you do not actually need to be a member of High Ideals. If you want to take a look, please visit www.facebook.com/high.ideals. If you are not already a member of Facebook, you will need to join and submit your profile before you can join the High Ideals group as a friend. To find us on Twitter, again you will need to join on www.twitter.com where our Twitter name is HighIdeals. We update both Facebook and Twitter daily with criteria tips, thoughts to ponder and useful snippets on others who are doing good things and displaying High Ideals characteristics around the world. If you are a member of LinkedIn, I have created a group called High Ideals which you can request to join. Should you have difficulties, or need assistance, please feel free to contact me at sharon.chisholm@high-ideals.com.

I look forward to connecting with you!

Sharon
Promotions Manager

spotlight on values...

By Noel Posus, Director of Training, Research and Development (Operations)

Accountability as defined by High Ideals refers "to taking responsible ownership over all attitudes, decisions and actions."

Personally, I think the order of those words in the definition are spot on, as it all starts with the attitude and desire to be accountable, and from there making decisions aligned with the attitude and demonstration behaviours (the actions) that back it up.

So for this newsletter topic I thought it might be helpful to provide some questions which might help you be even more clear about your own attitudes regarding accountability.

- What does being accountable mean to you?
- Is there any difference in your attitude about accountability when the focus is you or when it's someone else?
- What are the positive impacts if accountability is maintained?
- What are the negative consequences if it's not maintained?
- What's the greatest lesson you've learned about accountability?
- How does that lesson (and/or others) guide you professionally now?
- What are your strengths in terms of accountability?
- What opportunities do you have to improve?

new member update

We are delighted to welcome the following New Members to High Ideals:

- Peter Stephens (Vic)
- Helen Curmi (Vic)
- Lia Scmazzon (Vic)

notable special offers

We would like to draw to your attention the following Member special offers:

- [As a New and Founder Member of High Ideals, dta WORLDWIDE would like to celebrate by offering other members a special offer](#)
- EXTRA SPECIAL 'Leap of Faith' offer. Half price Membership PLUS 6 months FREE for the first 50 membership applications.

Don't forget to check out all the [special offers](#).

- What opportunities do you have to improve?
- What, if anything, are you committing to as a result of these questions?

I trust this short piece and questions have been of some value to you. If you'd like to read more about Accountability, check out the Resource Document in the Members Section of the High Ideals website.

making a global & environmental impact... a note from our G&EI Manager, Gary Scholz

To be the change we want in the world requires all of us to take small bite sized chunks.

I would like to throw a little challenge to all High Ideals members this week. I'd like you all to think of one thing that you would like to do to make a positive impact to either your direct environment (home) or an indirect impact, (business or broader community). This may be something that you have been thinking of for some time, but haven't got around to it just yet. It may be a grey water system or a rain water tank, insulation to your home, changing that shower head, fixing those dripping taps, implementing an environmental initiative at your workplace or getting involved with an organisation that focuses on positive action. Here is a government assistance website to help with some of those projects. <http://www.environment.gov.au/rebates/>

I'd love to hear from you all about the one thing you chose to do so I can share these ideas and initiatives with our members in the next newsletter. This way we can all benefit from each others ideas and actions.

"I am only one, but still I am one. I cannot do everything, but still I can do something. And because I cannot do everything I will not refuse to do the something that I can do".

- **Helen Keller**

Please do not hesitate to contact me at gary.scholz@high-ideals.com. I would be delighted to hear from you.

events on the horizon...

High Ideals Connectworking Events

The next High Ideals Connectworking events will be held in Sydney and Melbourne in August. Details are:

Sydney: August 6th - Whitehorse Bar and Brasserie, 381-385 Crown Street, Surry Hills, NSW - 6.30-9pm

Melbourne: August 20th - CQ Bar, 113 Queen Street, Melbourne - 6.30-9pm

Email info@high-ideals.com if you wish to attend either of these evenings.

general notices...

We still have a few limited spaces left for the special member offer which is available for the first 50 people who sign up for membership. If you know of anyone who is keen to become a member, please encourage them to jump on the website soon to take advantage of this extra special deal.



[High Ideals Website](#) | [Contact Details](#) | [Become a Member](#)